



Make Every Moment Count!®



GETTING STARTED WITH YOUR TIME TIMER® WATCH

The Time Timer® Watch uses a red disk to visually depict how much time remains. As time elapses clockwise, the disk gradually disappears, helping you see and manage time more effectively.

For more detailed instructions and how to video, visit the [Time Timer Support Page](#).

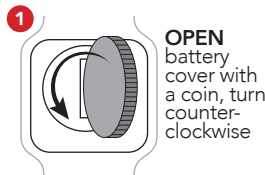


For one year of premium access to the Time Timer® App for Desktop or Mobile, scan the QR code in the instruction manual with your product and follow prompts.

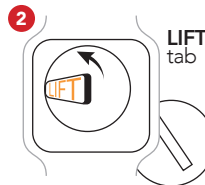
1

INSERT BATTERY

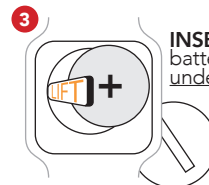
The battery cover is located on the back of the Watch. Open battery cover with a coin, turn counter-clockwise. Lift tab, then insert battery (+ side up) under tab. Close battery cover by turning clockwise.



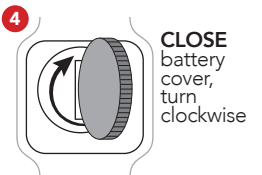
OPEN battery cover with a coin, turn counter-clockwise



LIFT tab



INSERT battery under tab



CLOSE battery cover, turn clockwise

⚠ WARNING

INGESTION HAZARD: This product contains a button cell or coin battery

2

CHOOSE YOUR MODE

The Time Timer® Watch comes in three modes: Clock, Time Timer, and Alarm. Toggle between modes by simply pressing the MODE button on the upper right.

3

QUICK START

- To set the Watch in any mode, press the SET button (top left) for 3 seconds.
- The first value will start to flash. Set that value by using the Start/Stop (-) and (+) Alarm.
- Once the value is to your liking, press the NEXT button on the top right.
- Continue setting until all values are selected.
- To exit at any time, press the SET button.

Hold SET button for 3 sec to start.

Press SET to exit at any time.



← CLOCK MODE

The Clock mode displays time of day using both a traditional analog clock face and a digital numeric display. If a Time Timer® is running or an Alarm has been set, a unique icon displays on the right side of the watch face. Time can be viewed in 12-hour or 24-hour format.



← TIME TIMER® MODE

The Time Timer® mode includes two options: 1) Original 60-minute Timer or 2) Custom Timer. The Custom Timer allows the disk to be scaled to represent any duration from 1 minute to 99 hours. A numeric display of time remaining is shown below the red disk. Alert can be set to audible, vibrate, both, or no alert. Timer can also be set to repeat upon completion.



← ALARM MODE

The Alarm mode can be set in 12-hour or 24-hour time formats. Set alert to activate alarm. Alert can be set to audible, vibrate, both, or no alert.

QUESTIONS? WE'RE HERE TO HELP: SUPPORT@TIMETIMER.COM